

Professional Information on Candidates for MCPI Board of Directors

NAME: Lynn M. Jenkinson

WORKPLACE: University of Michigan

POSITION TITLE: Staff RN with the Acute Pain Service, Dept of Anesthesia

PROFESSIONAL ORGANIZATION MEMBERSHIP/ACTIVITIES:

Member of: National Fibromyalgia Assoc.
American Pain Foundation
American Pain Society
American Academy of Pain Management
American Society for Pain Management Nurses

CAREER/COMMUNITY INVOLVEMENT:

I started my nursing career in Emergency nursing for 4 yrs and moved to the Pre-Op and PACU environment where I was fortunate enough to be assigned to a small pain clinic adjacent to the PACU. At the same time, I was dealing with Fibromyalgia on a personal basis having been recently diagnosed with the condition. I embarked on a self-education quest and attended multiple seminars on the condition as well as other chronic pain issues. I have continued to educate myself and am preparing to sit for the Pain Management Nurse certification with the American Soc for Pain Mgmt Nurses.

DESCRIBE HOW ELECTION TO THIS MONE POSITION WILL BRING VALUE TO OUR MISSION:

I have a unique perspective on the issues as I am both a pain practitioner and personally deal with pain on a daily basis. I have gone through just about every treatment there is and have dealt with the stigma associated with chronic pain as well as the various attitude difficulties of health care personnel who have not been educated in the area of chronic pain. Acute pain is readily treated by health care professionals, but if a person has chronic pain they are often labeled as “drug seekers, malingerers and other detrimental terms.

I believe that inadequate pain treatment is what creates the drug seeking in the first place and can be eliminated when pain is appropriately managed. I also have a strong belief that one’s attitude makes all the difference in whether the pain manages you or you manage the pain. Therefore I believe in multi-disciplinary pain management. All aspects of the personal pain experience must be addressed in an holistic manner in order to appropriately treat a patient.

Our government is in the process of trying to restrict access to certain pain medications such as Oxycontin. While I am aware that addiction is a serious issue and must be addressed we must not punish the rest of society in the process.

I hope to assist with the transition of the focus from only cancer pain to all pain, malignant and non-malignant.

I thank you for the opportunity of the nomination.

Lynn Jenkinson, RN

Professional Information on Candidates for MCPI Board of Director

NAME: Teresa J. Lynch, Ph.D.

WORKPLACE: Henry Ford Health System and Josephine Ford Cancer Center

POSITION TITLE: Health Psychology Fellow

PROFESSIONAL ORGANIZATION MEMBERSHIP/ACTIVITIES:

2008- present	Michigan Cancer Consortium: Survivorship Committee
2004- present	American Pain Society
2004- present	Midwestern Pain Society
2004- present	Michigan Psychological Association: Public Education Committee (2007 – present)
2003- present	Society of Behavioral Medicine: Student SIG-Website Developer; Cancer SIG; Integrative Medicine SIG
2003- present	Michigan Society for Behavioral Medicine and Biofeedback
2002- present	Association for Behavior Analysis
2002- present	Association for the Advancement of Behavior Therapy: Student SIG: Computer SIG- Student Representative (2002-2004); Behavioral Medicine SIG
1998- present	American Psychological Association

CAREER/COMMUNITY INVOLVEMENT:

- Currently, I am a psychologist who works with hospitalized and ambulatory oncology patients. Many of my patients have acute and chronic pain.
- During my psychology internship in Erie, Pennsylvania, I ran a year-long outpatient pain management group for community mental health patients with co-morbid pain problems. I also designed and implemented an innovative short-term inpatient pain management group for patients in an acute rehabilitation facility.
- As a graduate student, I spent two years providing psychotherapy for patients at University of Michigan's multidisciplinary Spine Program.
- I am a member of the American Pain Foundation. I joined APF initially because a close family member struggled for years to get proper pain management for a chronic pain condition from a work injury which affected him and the family in many negative ways.

DESCRIBE HOW ELECTION TO THIS POSITION WILL BRING VALUE TO OUR MISSION:

The Michigan Cancer Pain Initiative (MCPI) is an association of health professionals, patient advocates, and representatives of clergy, government and higher education, dedicated to addressing the problem of unrelieved pain from cancer and other sources.

If elected to this position, I will bring an understanding of pain and a commitment to advocate for effective pain relief from many perspectives. As a recent student, I am well-read on the current evidence for pain treatment. As a professional, I have worked with diverse pain populations (diagnoses, settings, ethnicity, SES, and age). As an individual, I have had my own issues with pain that have been appropriately aggressively and conservatively treated, but I have suffered with a family member who did not have the same experience. This background makes me a strong advocate for appropriate pain management in clinical and education settings as well as the legislative arena. I believe I would be an asset to promoting the Michigan Cancer Pain Initiative's mission.

Professional Information on Candidates for MCPI Board of Director

NAME:

Peg Nelson, MSN, APRN, BC-PCM

WORKPLACE:

St. Joseph Mercy Oakland Hospital, Pontiac, Michigan

POSITION TITLE:

Director of Pain and Palliative Care Services -- a blended role that leads as well as clinically staffs a team of healthcare providers who serve patients with pain and or serious illness, including the actively dying. Her program includes inpatient consultation team, outpatient pain/palliative clinic and outpatient palliative care case management program.

PROFESSIONAL ORGANIZATION MEMBERSHIP/ACTIVITIES:

Michigan Ethics Research Network – Board of Directors
American Pain Society
Pain Management Nurses Association
Hospice and Palliative Care Nurses Association – Board of Directors

CAREER/COMMUNITY INVOLVEMENT:

Ms. Nelson chaired the Ethics committee at SJMO for ten years and has spearheaded all end of life and pain initiatives. In 2004, her pain and palliative program won the Spirit of Collaboration Award from the State of Michigan's department of Community Health's Cancer Consortium for impacting end of life care in Michigan. In 2006 her palliative care program received the American Hospital Association's Circle of Life Award given to 3 programs in end of life across the country. In 2002, she was appointed to the board of directors for the Michigan Ethics Resource network. In 2005, she was elected the national board of directors for the Hospice and Palliative Care Nurses Association. She was part of a multicenter trial in 2001-2002 to study palliative care in the outpatient setting as part of Supportive Care of the Dying's CALL Care project. In 2006, she received a grant to improve palliative care services to the city of Pontiac, an impoverished community. She has mentored more than 100 other palliative programs and clinicians who are just beginning their work in palliative care. She has presented the outcomes of her work in palliative care in multiple national and local conferences including AHA, APS, ASCO, MASCC, AAHPM and the international stroke conference. One of Ms. Nelson's greatest honors was receiving the Florence Nightingale award in 2001 for her work in palliative care and resuscitation, this is an annual award given to seven nurses within the state of Michigan who exemplify the work and calling of Florence Nightingale.